



## Part 5: Happy Ending

When your stress leads you to the end of your rope, what should you do? Simple. Change what's at the end of your rope. Swap out your big fear for a big God. Today, we'll show you how to do that.

**Scripture:** Matthew 6:25-34 NIV

**Bottom Line:** Trust tomorrow to the God who was faithful yesterday.

### Discussion Questions:

1. What does 'trusting God' mean to you? What do you find easy to trust God with? What's more difficult?
2. Usually trusting God with the present is easier than trusting God with the future. Why do you think that is?
3. Take some time to explore Jesus' teaching in Matthew 6:25-34. What do you think it means to put the Kingdom of God 'first' in your life?
4. In the message Carey said one of the to put the Kingdom of God first is to make sure you never place your identity in something that can be taken away from you. Think back to what you identified as being at the 'end of your rope' in Part 1 of the series. Which of those things will be the hardest to trust God with?
5. Jesus promised that when you seek the Kingdom of God first, 'all these things' will be added to you as well. Even so, it can be easy to believe that God won't come through. How has God come through for you in the past? How have you seen him come through for others?
6. Keeping the Kingdom of God first is hard for anyone. When it looks like anxiety will win, swap out your big fear for a big God, focusing on what you know is true rather than on what you feel is true. What helps you focus on what you know to be true rather than on what you feel to be true?
7. If Jesus was truly the only thing attached to your 'rope,' how would that change your stress, anxiety and worry?



### **Moving Forward:**

Decide to trust Jesus fully by putting the Kingdom of God first in your life—not second, not third. But first.

Start by trusting Jesus as your Lord and Saviour. Then reaffirm his priority in your life daily, making your decisions around it.

When your emotions threaten take you off track, swap out your big fear for a big God by focusing on what you know is true, not on what you feel is true.

Trust tomorrow to the God who was faithful yesterday, because his faithfulness in the past is evidence of his faithfulness in the future.

### **Changing Your Mind:**

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” Matthew 6:33 NIV